

# GANNET LUNCH MENU

## LUNCH

<b>The Gannet Beef Pie</b>	£10.95
Mashed Potatoes, Green Beans	
<b>Ploughman's Lunch</b>	£9.95
Smoked Cheddar, Honey-Roast Ham, Salad, Home-Made Chutney, Pickles, Crusty Bread	
<b>Soup Of The Moment</b>	£6.50
Homemade Soup, Crusty Bread	
<b>Bangers &amp; Mash</b>	£10.95
Cornish Sausages, Mashed Potatoes, Onion Gravy, Peas	
<b>Scampi &amp; Chips</b>	£14.50
Hand-Cut Chips, Peas, Tartare Sauce, Lemon Wedge	

## SANDWICHES

Thick-Cut White or Granary Bread, House Salad, Coleslaw

<b>Crab Sandwich</b>	£9.95
Fresh Newlyn White Crab Meat	
<b>Chicken &amp; Stuffing</b>	£8.50
Sliced Chicken Breast, Sage & Onion Stuffing	
<b>St Ives Smoked Cheddar</b>	£7.95
Grape Chutney	

## CIABATTAS

Warm Ciabatta Bread, Hearty Filling, Thick Chips, Salad

<b>Steak and Fried Onions</b>	£9.95
Wholegrain mustard, crispy onions	
<b>BLT</b>	£8.50
Thick Sliced Bacon, Lettuce, Tomato, Mayo	
<b>Roasted Vegetables &amp; Mozzarella</b>	£7.95
Mediterranean Vegetables, Buffalo Mozzarella, Pesto Dressing	

## SALADS

<b>The Gannet House Salad</b>	£9.95
Roasted Peppers, Buffalo Mozzarella, Rocket, Balsamic Vinegar, Avocado	
<b>Chicken Caesar Salad</b>	£9.95
Lettuce, Chicken, Croutons, Caesar Dressing, Anchovies	
<b>Beetroot &amp; Vegetable Salad</b>	£8.95
Mediterranean Vegetables, Beetroot	

## DISH OF THE DAY - Please ask your waiter

If you suffer from a food allergy or intolerance, please let your server know upon placing your order.